



## 17. Silbersee Triathlon

25. Juli 2010



### Ergebnis M / W - gesamt

Olympische Distanz  
( 1,5 / 40 / 10 )

#### Olympische Distanz TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	807	01:55:33	Wiebe	Nicholas	1975	Polizei SV Eutin		00:17:51	1	01:03:40	1	01:21:32	1	00:34:01	1	01:55:33	1
2	811	01:57:05	Geserick	Olaf	1968	1. TCO "Die Bären"		00:16:18	1	01:04:17	2	01:20:35	1	00:36:30	2	01:57:05	2
3	789	01:59:06	Stepan	Jens	1982	Team Icehouse		00:16:42	1	01:06:20	1	01:23:03	1	00:36:03	1	01:59:06	3
4	728	02:01:44	Groenhagen	Achim	1968	1. TCO "Die Bären"		00:22:34	9	01:03:27	1	01:26:02	3	00:35:42	1	02:01:44	4
5	761	02:03:28	Niederberger	Carsten	1979	SV Heidenheim 1904		00:16:11	1	01:07:50	2	01:24:01	1	00:39:26	1	02:03:28	5
6	819	02:06:19	Brylack	Frank	1966	Hannover 96		00:18:19	2	01:06:10	4	01:24:30	2	00:41:49	4	02:06:19	6
7	758	02:07:02	Mömkes	Frank	1963	SC Weyhe		00:18:05	1	01:07:14	1	01:25:20	1	00:41:42	1	02:07:02	7
8	798	02:08:15	Völz	Mathias	1975	Die Bären - Oldenburg		00:19:10	2	01:07:30	2	01:26:40	2	00:41:34	2	02:08:15	8
9	753	02:09:10	Meiners	Olaf	1967	SC Weyhe		00:19:53	4	01:06:31	5	01:26:25	4	00:42:45	5	02:09:10	9
10	803	02:10:01	Wiemers	Tim	1970	Tri Team Schwarme		00:18:25	3	01:11:30	8	01:29:56	5	00:40:05	3	02:10:01	10
11	778	02:10:11	Sanders	Andre	1979	SC Weyhe		00:19:44	2	01:07:19	1	01:27:04	2	00:43:07	3	02:10:11	11
12	742	02:10:47	Körner	Sebastian	1983	OT Bremen			0		0	01:29:34	2	00:41:13	4	02:10:47	12
13	719	02:11:07	Flottmann	Wolfgang	1959	triteam-dissen			0		0	01:29:24	1	00:41:43	1	02:11:07	13
14	746	02:11:36	Krecker	Martin	1985			00:20:32	3	01:10:44	2	01:31:16	3	00:40:19	2	02:11:36	14
15	766	02:14:01	Plews	Andrew	1981	Triathlon Club Bremen		00:19:46	2	01:13:29	3	01:33:15	4	00:40:45	3	02:14:01	15

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Olympische Distanz  
( 1,5 / 40 / 10 )

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
16	801	02:14:15	Weselmann	Frank	1978	Hannover 96 Triathlon		00:19:51	3	01:10:18	3	01:30:10	3	00:44:04	4	02:14:15	16
17	825	02:14:36	Sokoll	Peter	1959			00:21:22	1	01:09:09	1	01:30:31	2	00:44:05	2	02:14:36	17
18	785	02:15:36	Schwarzer	Kay	1979	OT Bremen		00:20:43	4	01:10:43	4	01:31:27	4	00:44:09	5	02:15:36	18
19	787	02:15:59	Sievers	Dirk	1969	LC Hansa Stuhr Tri-Wölfe		00:26:11	16	01:05:11	3	01:31:23	6	00:44:35	7	02:15:59	19
20	741	02:16:11	Kopetzki	Sven	1975	Freie Schwimmer Hannover		00:22:51	8	01:11:13	6	01:34:05	7	00:42:06	3	02:16:11	20
21	813	02:17:00	Mengert	Markus	1974	Triabolos Hamburg e.V.		00:24:18	12	01:08:11	3	01:32:30	3	00:44:30	6	02:17:00	21
22	726	02:17:02	Gießel	Stefan	1975	USC Kiel		00:19:49	4	01:13:08	8	01:32:58	4	00:44:04	5	02:17:02	22
23	796	02:18:07	Vellinga	Willem-Pier	1968	GVAV Triathlon Groningen		00:21:20	5	01:11:06	6	01:32:27	7	00:45:40	11	02:18:07	23
24	765	02:18:16	Ochudlo	Patrick	1971	Uni Triathlönwen Bremen		00:24:43	14	01:08:24	4	01:33:07	5	00:45:09	7	02:18:16	24
25	802	02:19:22	Weustink	Thomas	1965	Bremer Sport Club e.V.		00:19:45	3	01:14:01	8	01:33:47	4	00:45:34	2	02:19:22	25
26	774	02:20:30	Roeder	Jens	1969	Triathlon Fretchen Bremen		00:22:01	7	01:13:05	11	01:35:06	9	00:45:23	10	02:20:30	26
27	781	02:21:17	Schlag	Ludger	1967	TSG Hatten-Sandkrug		00:22:14	8	01:11:13	7	01:33:28	8	00:47:49	15	02:21:17	27
28	783	02:21:27	Schütte	Mark	1971	TG Wiesmoor		00:28:01	18	01:10:28	5	01:38:30	12	00:42:57	4	02:21:27	28
29	722	02:21:38	Fugel	Michael	1964	TSG Westerstede		00:22:45	5	01:09:08	2	01:31:54	3	00:49:44	10	02:21:38	29
30	815	02:22:28	Rosenau	Ole	1973	Bremer SC		00:19:29	3	01:15:25	12	01:34:55	8	00:47:33	12	02:22:28	30
31	721	02:22:46	Fritzenschaft	Joachim	1954	TSV Osten		00:22:44	1	01:12:20	2	01:35:05	1	00:47:41	3	02:22:46	31
32	739	02:22:59	Jusko	Lutz	1967	Triathlon Team Braunschweig		00:23:20	10	01:13:13	12	01:36:34	10	00:46:25	12	02:22:59	32
33	809	02:23:09	Llewellyn	Adrian Michael	1979	Triathlon Verein Heidekreis		00:26:41	7	01:16:46	6	01:43:28	6	00:39:41	2	02:23:09	33
34	773	02:23:24	Riloks	Olaf	1965	SMAider		00:24:12	10	01:12:33	4	01:36:46	6	00:46:38	5	02:23:24	34
35	724	02:23:39	Gaida	Frank	1960	OSC Bremerhaven Triathlon		00:22:00	3	01:15:39	3	01:37:40	3	00:45:59	3	02:23:39	35
36	816	02:23:56	Reichwald	Karlheinz	1951	SG-Findorff Bremen		00:27:43	4	01:12:25	3	01:40:08	3	00:43:47	1	02:23:56	36
37	756	02:24:08	Meyer-Frese	Carl-Heinz	1964			00:18:27	2	01:12:30	3	01:30:57	2	00:53:10	18	02:24:08	37
38	772	02:24:30	Riekenberg	Michael	1982	Hannover 96 Triathlon		00:22:38	4	01:15:29	5	01:38:08	5	00:46:22	6	02:24:30	38
39	706	02:24:44	Böckmann	Reinhold	1953	ESV Tri-Team		00:26:56	3	01:11:21	1	01:38:18	2	00:46:26	2	02:24:44	39

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
40	769	02:25:14	Rethfeldt	Ulrich	1973	FC ST.PAULI TRIATHLON		00:21:18	6	01:16:30	15	01:37:48	10	00:47:25	11	02:25:14	40
41	806	02:25:28	Klopotek von Glowczewski	Marco	1976	VSK Osterholz-Scharmbeck		00:23:44	5	01:11:07	5	01:34:52	5	00:50:36	7	02:25:28	41
42	790	02:25:56	Steuernagel	Björn	1974			00:22:23	7	01:16:18	14	01:38:41	13	00:47:14	9	02:25:56	42
43	716	02:26:34	Eberhardt	Thomas	1962	OT Bremen		00:26:51	16	01:12:36	6	01:39:27	9	00:47:06	6	02:26:34	43
44	704	02:26:34	Bergmann	André	1962	OT Bremen		00:22:55	6	01:13:49	7	01:36:45	5	00:49:49	11	02:26:34	44
45	723	02:26:46	Fuths	Andreas	1968	1. TCO "Die Bären"		00:24:48	14	01:16:48	19	01:41:37	15	00:45:08	8	02:26:46	45
46	709	02:27:45	Bruns	Markus	1983	NSP		00:24:33	5	01:19:07	8	01:43:40	7	00:44:04	5	02:27:45	46
47	814	02:27:48	Schreyer	Marcus	1967			00:21:57	6	01:16:19	18	01:38:16	13	00:49:31	17	02:27:48	47
48	730	02:27:51	Hammann	Marc	1974	Skizunft Calmbach e. V.		00:24:15	11	01:14:00	10	01:38:15	11	00:49:35	14	02:27:51	48
49	794	02:28:07	Unger	Matthias	1972			00:23:57	10	01:13:34	9	01:37:32	9	00:50:34	15	02:28:07	49
50	767	02:28:25	Radloff	Jens	1959	SC Weyhe		00:21:35	2	01:16:31	4	01:38:07	4	00:50:17	7	02:28:25	50
51	810	02:28:52	Rumpelt	Jochen	1962	FC ST.PAULI TRIATHLON		00:22:24	4	01:17:19	12	01:39:43	10	00:49:08	9	02:28:52	51
52	749	02:29:07	Linse	Karsten	1968	TSG Hatten-Sandkrug		00:26:18	17	01:14:09	14	01:40:28	14	00:48:38	16	02:29:07	52
53	764	02:29:45	Obst	Stefan	1964	Tri-Speedys Peine		00:23:18	7	01:19:54	15	01:43:13	12	00:46:32	4	02:29:45	53
54	701	02:29:58	Abromeit	Achim	1972			00:29:57	20	01:14:22	11	01:44:20	17	00:45:37	8	02:29:58	54
55	744	02:30:02	Korzuschnik	Wolfgang	1965	VTB Triathlon Varel		00:25:38	13	01:15:58	10	01:41:36	11	00:48:25	8	02:30:02	55
56	755	02:30:06	Meyer	Manfred	1965	VTB Triathlon Varel		00:26:39	14	01:17:51	13	01:44:30	15	00:45:35	3	02:30:06	56
57	821	02:30:10	Franke	Thomas	1967			00:24:49	15	01:18:40	20	01:43:29	16	00:46:40	14	02:30:10	57
58	797	02:30:25	Völpel	Achim	1967			00:28:06	18	01:15:39	16	01:43:45	19	00:46:40	13	02:30:25	58
59	751	02:30:29	Ludwig	Jürgen	1967	SG-Findorff Bremen		00:29:48	21	01:16:14	17	01:46:02	21	00:44:27	6	02:30:29	59
60	777	02:30:38	Rußmann	Stefan	1968			00:24:02	12	01:12:45	9	01:36:47	11	00:53:50	21	02:30:38	60
61	748	02:30:49	Laumann	Klaus	1957	VSK Osterholz-Scharmbeck		00:24:30	4	01:19:44	9	01:44:15	8	00:46:34	4	02:30:49	61
62	712	02:30:49	Cordes	Olaf	1970	SC Weyhe		00:29:58	23	01:15:37	15	01:45:36	20	00:45:13	9	02:30:49	62

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Olympische Distanz  
( 1,5 / 40 / 10 )

## Olympische Distanz TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
63	718	02:31:20	Eichler	Hartmut	1957	Holtorfer SV		00:24:53	5	01:18:35	7	01:43:29	7	00:47:51	5	02:31:20	63
64	826	02:32:02	Roten	Oliver	1970	die Bären		00:28:55	20		0		0		0	02:32:02	64
65	820	02:32:08	Wall	Rich	1984			00:26:40	7	01:18:22	7	01:45:03	9	00:47:05	7	02:32:08	65
66	804	02:32:10	Wisniewski	Jörn	1984	Triathlon Club Bremen		00:25:11	6	01:15:34	6	01:40:46	6	00:51:23	9	02:32:10	66
67	775	02:32:12	Rolf	Christian	1961	Laufakademie Bremen		00:27:34	17	01:16:31	11	01:44:05	14	00:48:06	7	02:32:12	67
68	824	02:32:14	Cotterell	Thomas	1973	Lebensfitness e.V.		00:23:37	9	01:15:34	13	01:39:12	14	00:53:02	17	02:32:14	68
69	747	02:32:17	Küster	Philipp	1982	Eintracht Hildesheim		00:28:45	8	01:15:08	4	01:43:53	8	00:48:24	8	02:32:17	69
70	754	02:32:32	Meyer	Markus	1973	Blau Weiß Lohne Triathlon		00:20:33	5	01:12:36	7	01:33:09	6	00:59:22	20	02:32:32	70
71	745	02:32:54	Köster	Uwe	1963	RSC Stuhr		00:26:49	15	01:12:33	5	01:39:23	8	00:53:31	19	02:32:54	71
72	791	02:33:11	Thelen	Dietmar	1967	Triathlon Team Ratingen 08		00:24:35	13	01:13:29	13	01:38:05	12	00:55:06	23	02:33:11	72
73	780	02:33:15	Schierloh	Ole	1971	LC Hansa Stuhr Tri-Wölfe		00:24:32	13	01:19:28	18	01:44:00	16	00:49:15	13	02:33:15	73
74	817	02:33:38	Görke	Peer-Oliver	1971			00:28:11	19	01:18:05	16	01:46:16	18	00:47:22	10	02:33:38	74
75	799	02:33:41	von Steuber	Hans Christian	1962	1. TCO "Die Bären"		00:24:57	12	01:18:42	14	01:43:40	13	00:50:01	12	02:33:41	75
76	786	02:34:16	Seidel	Thomas	1960			00:26:37	7	01:13:35	2	01:40:12	5	00:54:03	11	02:34:16	76
77	725	02:34:54	Gende	Tobias	1969			00:30:32	24	01:12:58	10	01:43:31	17	00:51:23	18	02:34:54	77
78	710	02:34:55	Bruns	Marc-Oliver	1972	VSK Osterholz Triathlon		00:25:01	15	01:18:40	17	01:43:42	15	00:51:13	16	02:34:55	78
79	714	02:35:15	Dittel	Reiner	1960	Holtorfer SV		00:25:00	6	01:17:47	5	01:42:48	6	00:52:27	8	02:35:15	79
80	720	02:35:19	Frickhöffer	Peter	1964	FC ST.PAULI TRIATHLON			0		0	01:44:33	16	00:50:45	13	02:35:19	80
81	805	02:35:41	Wolter	Frank	1962	SC Drestedt		00:24:01	9	01:15:13	9	01:39:14	7	00:56:27	21	02:35:41	81
82	708	02:35:44	Brandner	Carsten	1978	Triathlon Club Bremen		00:26:51	8	01:19:54	8	01:46:46	8	00:48:57	6	02:35:44	82
83	818	02:37:13	Schmidt	Nils	1967	OSC Bremerhaven Triathlon		00:23:42	11	01:19:50	21	01:43:33	18	00:53:40	20	02:37:13	83
84	771	02:37:46	Richter-Hebel	Felix	1945	LG Bremen-Nord		00:26:43	1	01:24:45	1	01:51:29	1	00:46:16	1	02:37:46	84
85	760	02:37:59	Mützel	Peter	1958	TuS Rotenburg		00:31:45	11	01:17:51	6	01:49:37	11	00:48:22	6	02:37:59	85
86	705	02:40:23	Bibus	Mario	1978	TCEC Mainz		00:25:30	6	01:19:33	7	01:45:04	7	00:55:18	8	02:40:23	86

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Olympische Distanz  
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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
87	752	02:40:41	Malik	Hans Christian	1949	PSG Rotenburg		00:28:09	2	01:18:45	1	01:46:54	1	00:53:46	1	02:40:41	87
88	732	02:40:46	Herter	Michael	1956	Triathlon Team Ratingen 08		00:27:59	8	01:19:29	8	01:47:29	9	00:53:17	10	02:40:46	88
89	808	02:41:09	Collet	Michael	1955	Triathlon Club Bremen		00:25:17	2	01:24:24	4	01:49:41	4	00:51:28	4	02:41:09	89
90	792	02:42:03	Thomas	Peter	1964	VTB Triathlon Varel		00:29:24	18	01:21:28	16	01:50:52	18	00:51:10	14	02:42:03	90
91	734	02:42:21	Hitzbleck	Henrik	1960			00:29:39	9	01:19:46	10	01:49:26	10	00:52:55	9	02:42:21	91
92	711	02:42:48	Burdorf	Marc	1971	IRONMAN TG BOOKHOLZBERG		00:25:28	16	01:21:43	19	01:47:12	19	00:55:35	18	02:42:48	92
93	736	02:44:17	Jäschke	Jürgen	1966			00:29:55	22	01:20:06	22	01:50:02	22	00:54:15	22	02:44:17	93
94	784	02:45:39	Schwarz	Thorsten	1966	LG Kreis Verden		00:28:40	19	01:24:16	23	01:52:56	23	00:52:43	19	02:45:39	94
95	703	02:46:19	Artner	Christoph	1988	Hannover 96 Triathlon		00:29:38	1	01:22:04	1	01:51:43	1	00:54:36	1	02:46:19	95
96	750	02:46:37	Loerzer	Jan	1975			00:27:36	17	01:21:54	20	01:49:31	20	00:57:05	19	02:46:37	96
97	776	02:47:27	Ruhland	Frank	1962	LC Hansa Stuhr		00:29:55	19	01:25:59	18	01:55:54	20	00:51:33	16	02:47:27	97
98	812	02:48:10	Dörner	Michael	1962			00:24:56	11	01:26:49	21	01:51:45	19	00:56:25	20	02:48:10	98
99	763	02:48:51	Nolte	Gerd	1946	regenter overflys		00:24:25	1	01:23:41	2	01:48:06	2	01:00:45	3	02:48:51	99
100	823	02:49:35	Finstler	Lutz	1962	DSV05 Delmenhorst		00:23:47	8	01:26:09	19	01:49:57	17	00:59:38	23	02:49:35	100
101	793	02:50:36	Ulbricht	Andreas	1963	LC Hansa Stuhr		00:32:35	22	01:26:34	20	01:59:09	22	00:51:27	15	02:50:36	101
102	702	02:51:07	Amelsberg	Lennart	1981			00:30:55	9	01:26:29	9	01:57:24	10	00:53:42	10	02:51:07	102
103	733	02:52:41	Hinzmann	Manfred	1938	Triathlon Club Bremen		00:27:03	1	01:21:07	1	01:48:10	1	01:04:30	1	02:52:41	103
104	800	02:54:05	Wacker	Hennig	1965			00:31:26	21	01:25:37	17	01:57:04	21	00:57:00	22	02:54:05	104
105	740	02:54:05	Knobloch	Stefan	1961	MTV Schweringen		00:30:13	20	01:32:06	22	02:02:19	23	00:51:45	17	02:54:05	105
106	707	02:55:10	Borchers	Günther	1946	SC Weyhe		00:32:32	3	01:24:50	3	01:57:23	3	00:57:47	2	02:55:10	106
107	768	03:00:24	Radloff	Bernd	1955			00:30:05	5	01:27:18	5	01:57:24	5	01:02:59	5	03:00:24	107
108	717	03:02:46	Ehlers	Stephan	1969	Shotokan Lüneburg - Karate -		00:32:11	25	01:29:49	25	02:02:00	24	01:00:45	24	03:02:46	108
109	759	03:04:27	Mündl	Andreas	1967	Laufakademie Bremen		00:33:48	26	01:28:13	24	02:02:01	25	01:02:25	25	03:04:27	109

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## Olympische Distanz ( 1,5 / 40 / 10 )

### Olympische Distanz TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
110	782	03:15:01	Schönfelder	Jörg	1960			00:30:58	10	01:31:15	11	02:02:13	12	01:12:48	12	03:15:01	110

### Olympische Distanz TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	904	02:17:24	Cotterell	Maike	1973	Lebensfitness e.V.		00:20:41	2	01:11:35	1	01:32:16	1	00:45:07	1	02:17:24	1
2	925	02:19:45	Sachtleber	Kai	1971	1. TCO "Die Bären"			0		0	01:32:23	2	00:47:21	3	02:19:45	2
3	905	02:20:33	Küsel	Dr. Med. Vera	1975	Hannover 96		00:20:21	1	01:12:58	2	01:33:20	3	00:47:13	2	02:20:33	3
4	906	02:21:02	Ehlers	Sandra	1977	SC Weyhe		00:21:48	1	01:16:09	2	01:37:58	2	00:43:04	1	02:21:02	4
5	915	02:23:15	Rieck	Julia	1976	FC ST.PAULI TRIATHLON		00:22:26	2	01:12:38	1	01:35:04	1	00:48:10	3	02:23:15	5
6	918	02:29:12	Schick	Sabine	1969	Triathlon Club Bremen		00:27:53	2	01:11:00	1	01:38:54	1	00:50:17	2	02:29:12	6
7	909	02:30:14	Göhring	Katrin	1976	Uni Triathlöwen Bremen		00:26:02	4	01:18:44	3	01:44:47	3	00:45:27	2	02:30:14	7
8	922	02:30:48	Ubben	Irmela	1970	Triathlon Club Bremen		00:23:50	1	01:20:04	2	01:43:54	2	00:46:54	1	02:30:48	8
9	902	02:37:01	Bartels	Dorothee	1964	TCEC Mainz		00:24:19	1	01:20:51	2	01:45:10	1	00:51:51	2	02:37:01	9
10	924	02:38:53	Barg	Claudia	1964	OSC Bremerhaven Triathlon		00:25:48	2	01:23:47	3	01:49:35	3	00:49:17	1	02:38:53	10
11	926	02:41:46	Burghardt	Dr. Iris	1965	OSC Bremerhaven		00:28:47	3	01:19:46	1	01:48:34	2	00:53:12	3	02:41:46	11
12	901	02:45:23	Albers	Reika	1975	Lufthansa SV		00:24:26	3	01:28:34	4	01:53:01	4	00:52:22	4	02:45:23	12
13	907	02:45:32	Ehlers	Meike	1979	MTV Ashausen			0		0	01:48:54	4	00:56:38	4	02:45:32	13
14	908	02:53:13	Fischer	Saskia Denise	1979	OSC Bremerhaven Triathlon		00:24:08	3	01:28:42	5	01:52:50	5	01:00:22	6	02:53:13	14
15	920	02:54:00	Steedte	Swantje	1972	OSC Bremerhaven Triathlon		00:28:53	4	01:27:27	3	01:56:20	5	00:57:39	5	02:54:00	15
16	923	02:54:23	Wetter	Marita	1954	Triathlon Club Bremen		00:26:55	1	01:21:08	1	01:48:03	1	01:06:20	1	02:54:23	16
17	903	02:55:01	Bibus	Jessica	1978	TCEC Mainz		00:29:40	5	01:26:48	4	01:56:29	6	00:58:32	5	02:55:01	17
18	921	03:03:49	Strohecker	Hendrika	1945			00:35:51	1	01:31:06	1	02:06:58	1	00:56:51	1	03:03:49	18

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**Ergebnis**  
**M / W - gesamt**

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Einträge in der Liste: 128